

# Corporal Punishment Positive Discipline

Corporal punishment can be physical violence like hitting, caning, kicking or burning. It can also be non-physical like humiliation and ridicule.



Corporal punishment can have harmful effects like nightmares, low motivation, fear, anxiety, poor behaviour and lasting psychological trauma.



Positive discipline is always non-violent. It helps students understand their mistakes, learn from them and do better in the future.



Positive discipline builds young people into responsible, respectful adults.

